

Paulding Senior Center

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Paulding Senior Center



Senior Social

October 2021

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Pumpkin Butter





Ingredients:

- 3 cans (15 ounces each) pumpkin
- 2 cups sugar
- 1-1/2 cups water
- 3 tablespoons lemon juice
- 1 tablespoon grated lemon zest
- 3 teaspoons ground cinnamon
- 3/4 teaspoon salt
- 3/4 teaspoon ground nutmeg
- 3/4 teaspoon ground ginger

Directions:

- In a large saucepan, combine all ingredients. Bring to a boil, stirring frequently. Reduce heat; cover and simmer for 20 minutes to allow flavors to blend.
- Cool. Spoon into jars. Cover and store in the refrigerator for up to 3 weeks

October 2021

Mon	Tue	Wed	Thu	Fri
				1 Advanced Line Dance 2:00 Canasta 2-4
4 Pinochle 2-4	5 NO JAZZERCISE Art Class 9:30-11:30 Canasta 2-4	6 Zumba 9:30 Yoga 11:00 Bridge 1:00	7 Jazzercise 9:15/ Strength 10:15/ Line Dance 2:00/ Knitting & Crochet 1:00 /Euchre 2-4	8 Advanced Line Dance 2:00 Canasta 2-4
11 Pinochle 2-4	12 Jazzercise 9:15/Art Class 9:30-11:30/ Canasta 2-4	13 Zumba 9:30 Yoga 11:00 Bridge 1:00	14 Jazzercise 9:15/Strength 10:15/Line Dance 2:00/ Knitting & Crochet 1:00/Tai Chi 11:30/Euchre 2-4	15 Advanced Line Dance 2:00 Canasta 2-4
18 Pinochle 2-4	19 Jazzercise 9:15/Art Class 9:30-11:30/ Canasta 2-4	20 Zumba 9:30 Yoga 11:00 Bridge 1:00	21 Jazzercise 9:15/Strength 10:15/Line Dance 2:00/ Knitting & Crochet 1:00/ Euchre 2-4	22 Advanced Line Dance 2:00 Canasta 2-4
25 Pinochle 2-4	26 Jazzercise 9:15/Art Class 9:30-11:30/ Canasta 2-4	27 Zumba 9:30 Yoga 11:00 Bridge 1:00	28 Jazzercise 9:15/Strength 10:15/Line Dance 2:00/ Knitting & Crochet 1:00/ Euchre 2-4	29 Advanced Line Dance 2:00 Canasta 2-4



October

Line Dance

Cost: FREE

Beginners Class: Every Thursday @ 2:00, first Thursday of each month will be for absolute beginners.

Advance Class: Every Friday @ 2:00

ALL ARE WELCOME!

FRIDAY NIGHT DANCE

October 8th

7:30-10:00

Doors Open @ 7:00

Cost: \$8.00 per person

Come enjoy a live band and good company!

Food and Drinks are welcome.

Red Hats

October 14th @ 11:00

We will be meeting at Pasta Bella in Austell.

The bus will be available for those that don't want to drive. Cost to ride the is \$2.00. We are allowed to take 16 on the bus. Sign up & pay for the bus by September 7th.

If you are riding bus we will be

leaving the center @ 10:00

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Senior Center T-Shirt Sale

The center will be selling T-shirts for \$14.00 to help raise money for our seniors & activities. Shirts come in sizes small, medium, large, extra large and 2XL. Colors to choose from are pink, green & blue. Shirts can be purchased in the front office of the center.



The Paulding Senior Quilting Club will be making stockings this year for Christmas and they are in need of your help..... Each stocking will go to all the homebound Seniors on our Meals on Wheels route. We are in need of stocking stuffers. This can included chap stick, lotion, candy, soap, socks, gloves, etc. Donations can be dropped off at the front office of the center in later than the 2nd week of



November. We will be heading out about 100 stockings so your help will be greatly appreciated!



Mercier Orchards

October 1st & October 7th

\$10.00 per person

(not including lunch)

We will be taking two different trips to Mercier Orchards. Both days will include a trip to the orchard followed by lunch after.

Please sign up & pay by September 28th. We will be leaving the center @ 8:00am.